

AFRH - G / Master Menus Week of 12 / 26 2022 / Cycle 5 - REGULAR LINE

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
M O N Dec 26th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Shredded Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Rotisserie Seasoned Chicken Smoked Sausage Louisiana Style Red Beans & Rice Turnip Greens Caribbean Blend Veggies Yeast Rolls / Cornbread	Fresh Tomato Tortellini Soup Beef, Mushrooms & Barley Soup Assorted Deli Meats / Cheeses Baked Pork Chop w/Pork Gravy Baked Sweet Potato Cinnamon Beets Baked Parmesan Tomato Dinner Rolls/ Cornbread/ Sliced Bread
T U E S Dec 27th	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order (Crm Chip Beef When Available) Eggs - Scrambled / Hard Boiled Smoked Rope Sausage Links Lyonnaise Potatoes Biscuits / Country Gravy	Potato Sausage & Kale Soup Pasta Fagioli Soup Club Quarters Grilled Ham Steaks Scalloped Potatoes Sautéed Spinach Fried Cauliflower Slider Rolls / Cornbread	Potato Sausage & Kale Soup Pasta Fagioli Soup Assorted Deli Meats / Cheeses Fresh Salmon Cakes w/Fresh Tartar Baked Potato w/Sour Crm/Butter Carrot Soufflé / Chopped Steak Broccoli Florets Brown & Serve Rolls / Sliced Bread
W E D Dec 28th	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Baked Beans Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Turkey Noodle Soup Chili Bean Soup / Pimento Cheese Corn Dogs w/ Variety of Dips Country Fried Steaks/ White Gravy Mashed Potatoes / Brown Gravy Normandy Blend Vegetables Green Baby Limas w/ Onions Parker House Rolls / Cornbread	** OPEN GRILL NIGHT ** Chop Steak Burgers / Hot Dogs Philly Subs, Grill Onion,Pepper,Provolone Roasted Seasoned Red Potatoes Turkey Noodle & Chili Bean Soups Skillet Corn with Bacon Roasted Carrots, Zucchini & Asparagus Peach Cobbler
T H U R Dec 29th	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Shred Hash Browns Pancakes / Pineapple Topping Biscuits / Country Gravy	Italian Wedding Soup Beef, Spinach & Pasta Soup Seafood Salad Fried Chicken Bada Bing Bada Banged Potatoes Squash Casserole Sautéed Rutabagas Yeast Rolls / Cornbread	Italian Wedding Soup Beef, Spinach & Pasta Soup Assorted Deli Meats / Cheeses BBQ Baby Back Ribs Creamy Ranch Potatoes Coleslaw / BBQ Baked Beans Seasoned Cut Green Beans Parker House Rolls / Sliced Bread
F R I Dec 30th	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Chicken & Rice Soup Kielbasa Cabbage Soup Beef Tips w/Onions & Peppers Fried Fish w/Cocktail/Tartar Sauce Macaroni & Cheese Fried Okra Bermuda Blend Veggies Hushpuppies / Cornbread	Chicken & Rice Soup Kielbasa Cabbage Soup Assorted Deli Meats / Cheeses Tomato & Meat Sauce 'n Spaghetti Au Gratin Casserole Grilled Mixed Vegetables Sugar Snaps / Cheesy Rosemary Bread Garlic Bread / Slider Roll / Sliced Bread
S A T Dec 31st	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Shredded Hash Brown Potatoes Biscuits / Sausage Gravy	Chicken Noodle Soup Lobster Bisque Nachos w/ Chili,Queso,Grnd Beef & Fixins Creamy Shrimp Scampi w/Parmesan Over Angel Hair Pasta Roasted Fresh Asparagus Spears Sautéed Baby Carrots Potato Sliders / Cornbread	Chicken Noodle Soup Lobster Bisque Assorted Deli Meats / Cheeses Cut Chicken Stew w/Potatoes, Carrots & Celery / Steamed Rice Buttery Green Peas Sautéed Fresh Zucchini Chunks Parker House Rolls / Sliced Bread
S U N Jan 1st	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Cheesy Diced Pot Waffles / Apple Topping Biscuits / Country Gravy	NEW YEAR'S! Chicken Tortilla Soup White Bean & Wheat Berry Soup Cranberry, Orange Spinach Salad Roast Beef / Twice Baked Potato Cass. Spiral Ham / Orange Glazed Yams Black-eyed Peas / Steamed Rice Sautéed Cabbage Parker House Rolls / Cornbread	Chicken Tortilla Soup White Bean & Wheat Berry Soup Assorted Deli Meats / Cheeses Veal Scallopini Wild Rice with Scallopini Sauce Creamed Corn Tuscan Blend Vegetable Yeast Rolls / Sliced Bread

	DESSERTS - REGULAR LINE	DESSERTS - DIET LINE	DAILY SHORT ORDER LINE - LUNCH ONLY
Mon	Lemon Meringue	NSA Apple Pie	Grilled Hamburgers w/ Buns / Sliced Cheese
Tue	Peanut Butter Cookies	Assorted SF Cookies	Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce
Wed	Chocolate Cake	Fresh Fruit Cups	Grilled Chicken Breast w/ Corn Rolls
Thu	Red Velvet Cake	Sponge Cake w/Diced Pears	Grilled Cheese Sandwiches on White or Wheat
Fri	Pecan Pie	NSA Chocolate Pie	Condiments: Green Leaf Lettuce / Sliced Tomatoes
Sat	Chocolate Chip Cookies	Assorted SF Cookies	Sliced Red Onions / Dill Pickle Slices
Sun	Apple Cobbler	Tropical Fruit Cups	Horseradish / Bacon / French Fried Potatoes